



Recipes

PROGRAM 10 - SEGMENT 1

Ocean Diner Recipe

MACARONI & CHEESE

Serves 4

INGREDIENTS

8 oz Macaroni, uncooked
3 Cups Evaporated Milk
1/4 Cup Butter
2 Cups Shredded Cheddar Cheese
1 Cup Shredded Jack Cheese
1/4 Cup Grated Parmesan cheese
1 TSP Dried Mustard
1/2 TSP Salt
1/4 TSP Black Pepper
1/2 Cup Cheddar Cheese Sauce

METHOD

Cook and drain the desired amount of macaroni. Place macaroni on a very low heat add a generous amount of butter, evaporated milk, salt and pepper, dried mustard and some Tabasco sauce to taste and mix well.

Mix in grated Jack cheese, grated Cheddar cheese and grated Parmesan cheese.

Stir well. Finally add some Cheddar cheese sauce, mix well.

Serve Macaroni and Cheese plain or sprinkle with chopped, well-grilled bacon and chopped tomato.

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