



Recipes

PROGRAM 2 - SEGMENT 3

Red Medicine Recipes

BURNT CHILLI STREUSEL

INGREDIENTS

100 g Chilli Ashes
100 g Flour
100 g Japanese Breadcrumbs, ground
20 g Sugar
10 g Salt
100 g Clarified butter

METHOD

Mix all ingredients together and bake in a 300 F oven for 25 minutes.

TOFU

INGREDIENTS

500 g Extra firm Tofu, pressed overnight
50 g Rice Wine Vinegar
100 g Virgin Peanut Oil
80 g Shiro Shoyu

METHOD

Place ingredients in a blender and puree until smooth.

All recipes displayed with kind permission from Red Medicine. Results may vary.